



NORTHLAND TIMES

*COVID -19 Edition
March 2020 Issue*

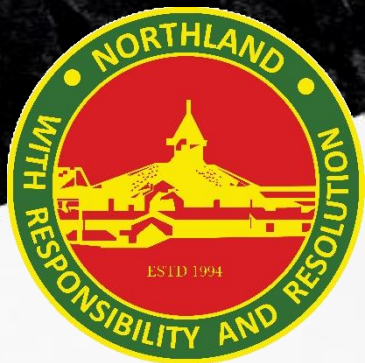


LEARNING RESILIENCE, CULTIVATING GRATITUDE

**“A nation is great not
by its size alone.
It is the will, the
cohesion, the stamina,
the discipline of its
people and the
quality of their leaders
which ensure it an
honourable place in
history.”**

— Lee Kuan Yew



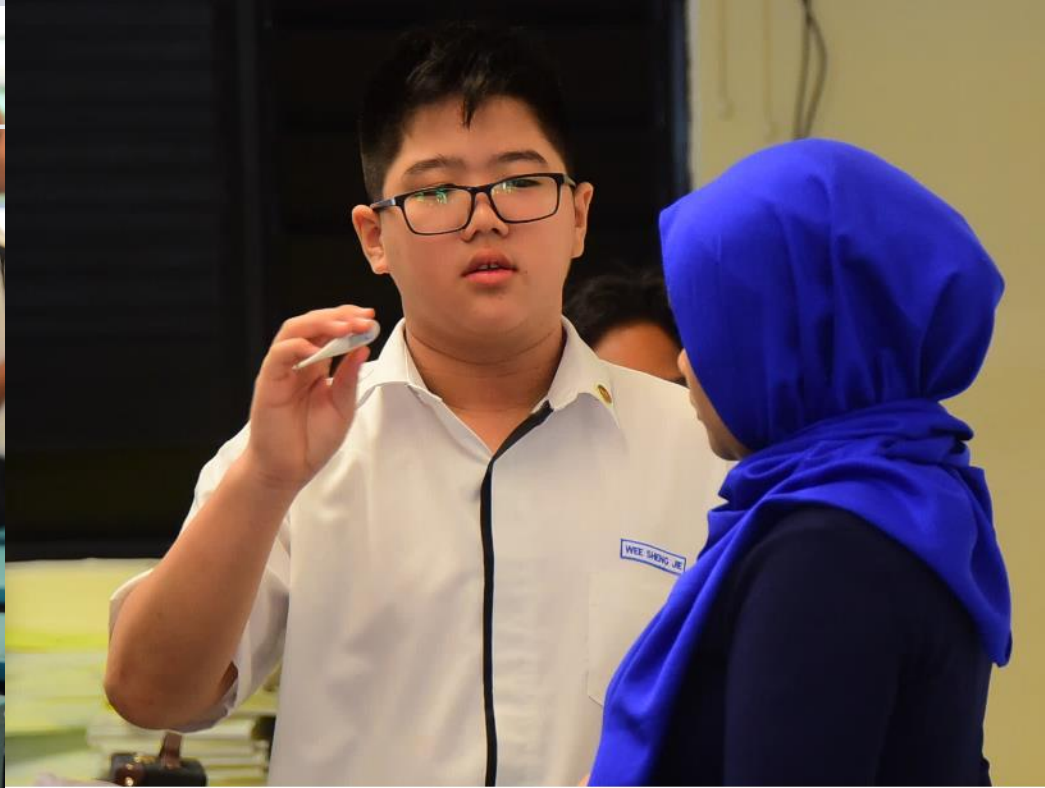


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Visual Screening & Temperature Taking



**“When we learn how to
become resilient,
we learn how to
embrace the beautifully
broad spectrum of the
human
experience.”**

— Jaeda Dewalt





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**“In the long run, we shape
our lives, and we shape
ourselves. The process
never ends until we die.
And the choices we
make are ultimately our
own responsibility.”**

- Eleanor Roosevelt



TOTAL DEFENCE DAY



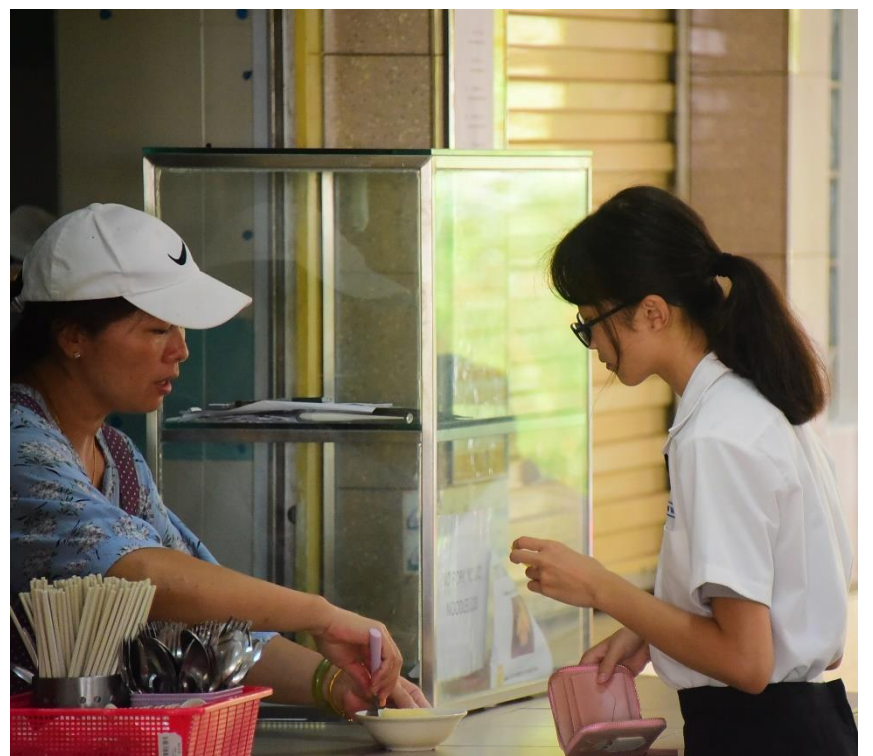
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“Empathy is seeing
with the eyes of
another, listening
with the ears of
another and feeling
with the heart of
another.”

– Alfred Adler.



TOTAL DEFENCE DAY



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"Gratitude is the fairest blossom which springs from the soul."

- Henry Ward Beecher

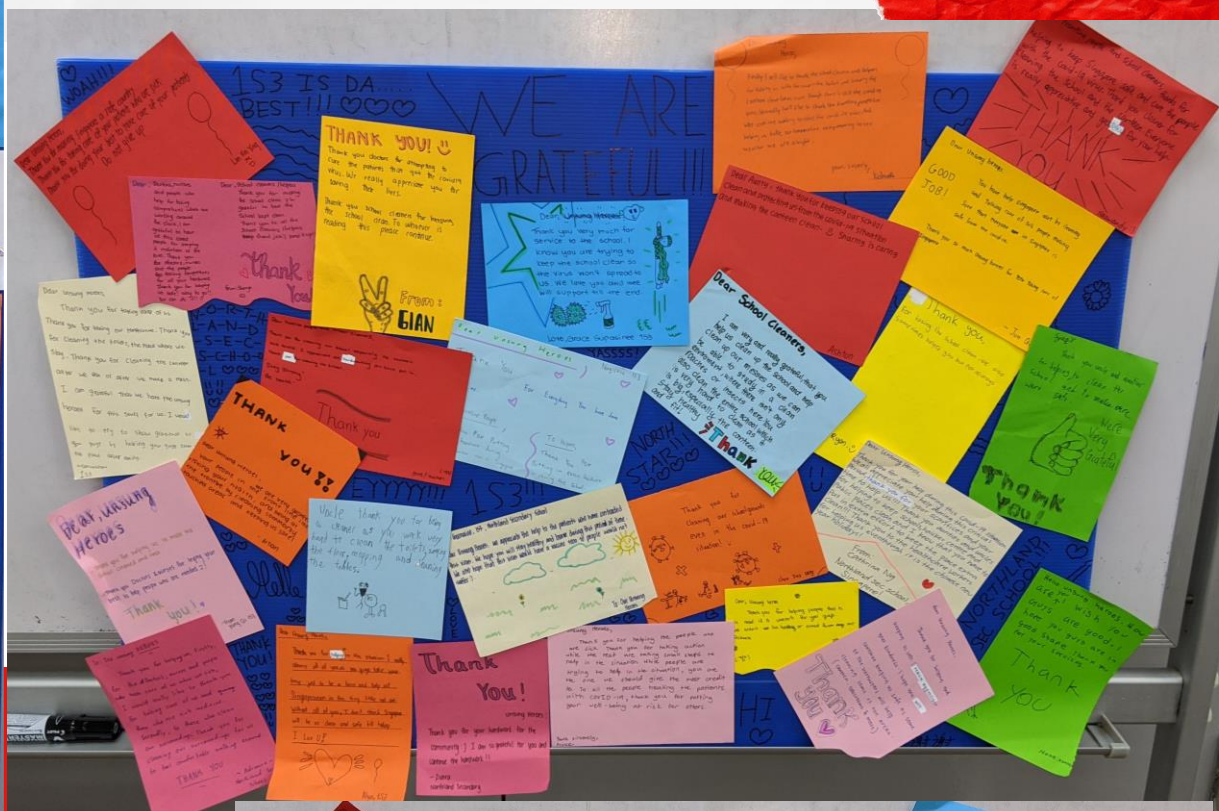
DEDICATION TO OUR HEALTHCARE WORKERS



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"The way to develop the best that is in a person is by appreciation and encouragement."

- Charles Schwab

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YOU ARE OUR
HEROES!
#SGUNITED



3A1 shows their appreciation to our school aunties and uncles for keeping the school compound clean so that learning can continue to take place.

"How important it is for us to recognise and celebrate our heroes and she-roes!"

– Maya Angelou



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"The roots of all
goodness lie in
the soil of
appreciation for
goodness."

- Dalai Lama



#SG UNITED